

# Park Ridge Public Library

# Baby Shower

## Advocate Children's Health Resource Center



Children's Outpatient Pavilion, 2nd Floor  
1675 Dempster Street, Park Ridge  
847-723-CHRC (2472)

[Advocatechildrenshospital.com/chrc](http://Advocatechildrenshospital.com/chrc)

A lending library for families with trusted, easy-to-understand children's health and parenting information. Resource center open to all families; visit the library or explore eBooks and handouts online. Open Monday through Friday 9 a.m. - 5 p.m. (call as schedule may change).

## A Mother's Touch Learning Academy



1666 Rand Rd. Des Plaines  
[director-desplaines@amotherstouch.us](mailto:director-desplaines@amotherstouch.us)  
[amotherstouch.us](http://amotherstouch.us)

An Early Childhood Education Center that has been in the community for 20 years.

## Birth to Five Illinois



[birthtofiveil.com/region1bd](http://birthtofiveil.com/region1bd)

Creating a statewide regional infrastructure that amplifies community input in the development of policies and funding priorities toward a more equitable Early Childhood Education and Care (ECEC) system, which is centered and prioritized at every level of decision-making in Illinois.

## Blue Lake Wealth Advisors



Mike Wapner  
847-331-3776

[MWapner@BlueLakeWealth.com](mailto:MWapner@BlueLakeWealth.com)  
[bluelakewealth.com](http://bluelakewealth.com)

Independent, fee-based financial advisor with an emphasis on Sustainable Personal Finance for Families. Reach out if you have questions about education financing.

## Clearbrook Child and Family Connections



Sherry Mackey, Parent Liaison for 0 - 3 Child and Family Connections

1835 W. Central Rd. Arlington Heights  
847-385-5069

[smackey@clearbrook.org](mailto:smackey@clearbrook.org)  
[clearbrook.org/cfc/](http://clearbrook.org/cfc/)

The largest agency in Illinois providing home services to children with developmental, intellectual, physical, and mental health delays. Serving children 0 - 3 years with free evaluations and, if indicated, in-home therapies if they qualify.

## Daycare Children's World



1006 N. Delphia Ave. Park Ridge  
773-759-0608

[daycarechildrensworldparkridge.com](http://daycarechildrensworldparkridge.com)

An early education group home daycare for children ages 6 weeks to 6 years, committed to providing a safe, caring and fun environment.

## Emilie Counseling



Christine Wulbecker,  
Owner & Psychotherapist  
2858 W. Diversey Ave. Chicago  
312-725-8145

[emiliecounseling@gmail.com](mailto:emiliecounseling@gmail.com)  
[emiliecounseling.com](http://emiliecounseling.com)

Offering individual and group therapy for women, those pregnant/postpartum, and birth workers. Reach out for a free 15-minute phone consultation if you're feeling overwhelmed, anxious, or sad you're not enjoying this time as you desire to see what additional supports may help.

## Everbrook Academy of Park Ridge



224-985-2637

[4813@everbrookacademy.com](mailto:4813@everbrookacademy.com)  
[everbrookacademy.com](http://everbrookacademy.com)

A 21st century preschool with a STEAM curriculum, offering learning experiences in Science, Technology, Engineering, the Arts, and Math. Offering programs for infants to Pre-K to ensure school-readiness as well as elective and enrichment programs. Providing peace of mind through comprehensive security and safety procedures and measures.

## Dr. Lea Feghali



[learnwithdrlea.com](http://learnwithdrlea.com)

DR. LEA FEHALI

Author of "The Day I Learned How to Use the Potty" books that educate children about their bodies and help them navigate the potty learning phase, as well as a pelvic health physical therapist, treating conditions such as labor and birth preparation and postpartum recovery.

## Gabriel's Closet



428 W. Touhy Ave. Park Ridge  
847-720-4902

[gabrielscloset.org](http://gabrielscloset.org)

A children's consignment boutique offering stylish, quality clothing, accessories, gear, books, and toys priced 50 - 75% below retail price as well as a variety of both child and parent events. Shop in store or online.

## Goldfish Swim School



678 N. Northwest Hwy.  
Park Ridge

224-585-3891

[goldfishswimschool.com/park-ridge/](http://goldfishswimschool.com/park-ridge/)  
Helping kids learn essential life skills in a fun and safe environment. Swimming classes focus on progress and growth, showing kids their potential and building their self-esteem.



### Kelly Murray Sleep Consulting

Natalie Myre Hart,  
Senior Pediatric Sleep Consultant  
773-294-2447  
natalie@kellymurraysleep.com  
kellymurraysleep.com



Providing newborns to toddlers with the skills to become amazing little sleepers! One-week to three-week programs available to help parents look at the full picture of sleep and create a customized plan for each family.

### Kohl Children's Museum

2100 Patriot Blvd,  
Glenview  
847-832-6600 or 847-832-6879 (Spanish)  
kohlchildrenmuseum.org



Offering interactive, hands-on exhibits for children ages birth to 8. Exhibits and programs are aligned to Illinois State Learning Standards and nurture a love of learning in young children, including two programs, Baby & Me and Books and Bops, geared toward the littlest learners. Check the website for more details.

### Little Steps Pediatric Therapy partnered with Ivy Rehab for Kids

444 N. Northwest Hwy.  
Suite 147, Park Ridge  
847-610-9798



IvyRehab.com/location/park-ridge-kids/  
Specially-trained pediatric therapists working one-on-one with young patients to help them, encourage progress, and form lasting bonds, making their experience as close to "playtime" as possible.

### Main Street Counseling New Moms Group

Michelle Trudeau,  
MSW, LCSW  
224-216-4282  
444 N. Northwest Hwy.  
Suite 320, Park Ridge  
mtrudeau@mainstreetcounselingsolutions.com/  
mainstcounselingsolutions.com  
A Licensed Clinical Social Worker providing postpartum mental health support to moms in our community through our New Moms Group.



### Park Ridge Park District

2701 W. Sibley St. Park Ridge  
847-685-4400  
bplofsky@prparks.org  
prparks.org



Providing recreational programs for children and families of all ages. Early childhood programs are available weekday mornings. Drop-off classes for 2 - 3 year olds, including Stepping Stones, Learn and Play, and Twos on the Move. Parent-tot classes for younger kids, including Wee Chefs, Toddler Time, Growing up, and Mini-Gym. Open gym for ages 16 to 24 months with an adult. Music classes with Jigglejam and Kid Rock!

### Sugar Plum Tree Preschool Inc.

1006 Gillick St. Park Ridge  
847-823-1978  
sugarplumtree.net



A day care center serving children 18 months to 5 years of age.

### Speakeasy Therapy

222 S. Prospect Ave.  
Floor 3 Park Ridge  
847-379-5477  
info@speakeasytherapyco.com  
speakeasytherapyco.com



Dedicated to working with new parents with providers specializing in concerns such as fertility, loss, and postpartum anxiety and trained in Gottman's Bringing Baby Home program to support the couple in maintaining a healthy relationship. Recognizing the value of support systems such as family, friends and therapy during this time and here to be part of that support system for you.

### Vive! Therapeutic Massage

827 W. Touhy, Park Ridge  
847-637-0002  
ViveMassage.com



Providing a range of options from relaxing to clinical massages by our expert, certified massage therapists. Our Prenatal Therapists have additional training and certification in prenatal massage.

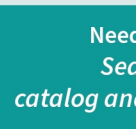
**Park Ridge Public Library**  
20 S. Prospect Ave. Park Ridge  
847-720-3250  
parkridgelibrary.org



Offering a variety of free programs and resources for all ages, including Storytimes, reading and activity programs. As well as books to help parents with every step of child development. Sign up for your library card today!



Have a question or comment?  
Contact us!



Need a library item?  
Search our online  
catalog and place a hold.



Attend a program!  
Access the full calendar.